# Everyday & Holiday Gift Ideas for Your Prepper Family and Friends

Be it a birthday, graduation, promotion or a holiday of some kind gift giving to your "prepper" or "homesteading" family and friends may leave you a bit stymied. Have no fear, the following will give you some ideas for gifts that are useful and functional that these special people on your gift giving list will enjoy. They range in price from \$5 to about \$50.00, so there should be something for any budget.

#### A special note if this is Christmas or Hanukah time:

We should all have our fall and winter prepping completed and if you have been frugal and a planner, your holiday gifts are completed and you can avoid the shysterism of Black Friday and holiday shopping. That's right anyone who keeps track of prices will realize that starting around September the prices on most goods have gone up. This is a pricing strategy of merchandisers so that when they put on holiday 'sales', they get the same price as always – i.e. the stuff really isn't on sale at all. The big shysters of the group will actually make a higher profit per item! Don't know about you, but to me this appears to be worse than ever nowadays with all those commercials and advertisements on "Black Friday sales".

"We make a living by what we get, but we make a life by what we give."

Winston Churchill

**Put all that crap aside and let's remember the true meaning of the winter holiday season.** From the fall festivals, hectic harvesting and stocking of foods for the winter months, *Halloween*; to *Thanksgiving* and the battle of the colonists that settled our country and how they got along with the peoples that already lived here at the time; then all the various *spiritual holidays* and their corresponding time of prayer and thanks concerning the miracles of each faith; the *Winter Solstice* and on to *New Year's* with the reminder that we are now on the downhill side heading towards spring and re-birth.

**The thing is** *gift giving is a year round endeavor*, and when it comes to our Prepper or self-reliant oriented friends we may feel in a bit of a quandary about what to get and still save money for ourselves. So here are some ideas to get you started.

"It isn't the size of the gift that matters, but the size of the heart that gives it."

Quoted in *The Angels' Little Instruction Book* by Eileen Elias Freeman, 1994

"Stocking Stuffers" can be anything from a key-ring type multi-functional tool, first aid kit, compass or wind chill indicator to a tote bag that connects to your belt, purse or fits in your pocket so your friend can always have a bag or tool handy.

#### Explorer™ Carabiner Compass/Thermometer Apx \$2.99

# ChicoBag Company Compact Reusable Bags, Packs and Lifestyle Totes http://www.chicobag.com/





The Original \$5.99 http://www.chicobag.com/category/original



Item # G700 Apx \$ 17.99







EXP23 Liquid crystel compess -Brass finish cast metal carabiner

EXP17 Liquid crystal compass Black finish cast metal carabiner -Non load bearing

Explorer Compass/Binoculars
Apx \$2.99
EXP23



Explorer™ Survival Kit Item # EXP42 Apx \$ 14.99





**Make a "Survival Seed" Kit.** Save a can with a reusable top and decoupage it or etch a glass canning jar. Purchase some open pollinated seed packets of various fruits and vegetables; throw in an oxygen packet and volia, a Survival Seed Kit. Come on, even if the packets of seed cost \$2.00 apiece that is only \$20.00.

Go Bags, First Aid Kits, non-electric items or old fashioned toys and the like can be purchased from all kinds of places. If they sew, knit, crochet, can, reload, hunt, fish or whatever hobby they have, a **Gift Certificate** to their favorite store will be welcomed. Here are some places for the self-reliant/Prepper type that I feel you get the best bang for your dollar with:

**Cumberland General Store** was established in 1974 in Homesteads,

established in 1974 in Homesteads, Tennessee near the town of Crossville.

For over thirty years, Cumberland General Store has provided old time merchandise many people have found useful but hard-toget. Our slogan, "Goods in Endless Variety for Man and Beast," shows our commitment to provide quality products in the old-fashioned style.

In 2005, Cumberland General Store moved to Alpharetta, Georgia due to pending road construction and new ownership.

Cumberland General Store is still an American family owned and operated business with a commitment to providing you those hard-to-find back-to-basics items.

**Lehman's**, The supplier of the Amish. Tons of old fashioned home, kitchen, garden, ranch and farming tools as well as toys and games.

Oil lamps and parts, handmade pottery and copper cookie cutters; marvel at our woodburning cook stoves and retro refrigerators; and reminisce with our wooden and tin toys, cast iron cookware, hand tools and water pumps.

**Campmor** Not just camping but anything wilderness and outdoors. Tents, sleeping bags, boots, tools, food, supplies and they have the most comprehensive first aid kits.

**The Sportsman's Guide** Name says it all plus ammo, kits, tools, supplies and more.



http://www.cumberlandgeneral.com/



http://www.lehmans.com/



http://www.campmor.com/



http://www.sportsmansguide.com/net/Main.aspx?



**Cheaper Than Dirt** Ammunition, firearm parts, reloading equipment, kits, supplies and more.

BePrepared.com is brought to you by...

Emergency
Essentials

http://beprepared.com/

**Emergency Essentials** Supplies, kits, food storage, tools and more. (An LDS best pick)

**Walton Feed** For open pollinated seeds and dehydrated foods (even gluten free).



http://waltonfeed.com/



nttp://surviveoutdoorslonger.com/



**SOL or Survive Outdoors Longer** Has a full range of small to go-bag sized kits for emergencies and first aid and much much

more ...

American Red Cross Store Has a complete line of non-electric emergency radios, first aid and go-bag kits of all sizes and shapes and more ...

**The Can Organizer** <a href="http://www.thecanorganizer.com/">http://www.thecanorganizer.com/</a> - These handy devils are first in first out rotating storage containers for canned goods. There are three sizes to choose from and range from \$12.00 to \$16.00 for a package of 4.







"The golden rule of frugal gift-giving is to be thoughtful and personal. If your recipient knows that you put time and effort into your gift for them, and were thinking about them and what they'd like, your gift is likely to be appreciated."

Annonymous

There are plenty of 'arts and crafts' things that are useful as well as a nice gift.



- *Knit, crochete or sew* anything from clothing to table cloths, table runners and holiday banners for decorating indoors, to book markers and book covers.
- Glass painting and etching can be used to make monogrammed Champaign flutes and kitchen canisters to decorative ornaments and 'stained glass' sun catchers.









• Make your own *gift basket* out of home grown food and canning items, homemade candy and baked goods, as well as your own dried herbs or soaps and lotions.



- Homemade cooking spice jars or Herbal Tea Blends, here is a reciepe list of 10 blends: http://straightfromthefarm.net/2008/11/22/herbal-tea-recipes/
- Raw honey in small glass jars is a great gift idea. You can make it even more special by infusing the honey with herbs and spices: http://www.keeperofthehome.org/2010/11/herbal-honey-a-sweet-holidaygift.html. Two of my favorite honey infusions are Chamomile Infused Honey (http://www.spain-iniowa.com/2011/08/chamomile-infused-raw-honey/) and Vanilla Infused Honey (http://thepurposedheart.com/vanilla-infused-honey/). Both are delicious and only take a week or two to
- Homemade Food Gifts: http://www.countryliving.com/cooking/about-food/best-holiday-food-gifts-1202







Make your own candles, hand dipped or in jars. Try these sites for inspiration:

http://www.honeylocator.com/locator/find/, http://frugallysustainable.blogspot.com/2011/11/hand-dipped-beeswaxcandles-tutorial.html, http://blog.kanelstrand.com/2011/10/weekend-diy-how-to-make-beeswax-candles.html, http://www.keeperofthehome.org/2011/12/9-homemade-gift-ideas-frugal-and-fast.html, http://www.marthastewart.com/268600/cookie-cutter-candles.









Just about anything can be put in a jar and given as a gift. Be creative with coming up with different themes: ......

Chinese 5 Spice Blend (or any homemade spice blend!) <a href="http://georgiapellegrini.com/2011/11/28/recipes/hom">http://georgiapellegrini.com/2011/11/28/recipes/hom</a>

	emade-gift-idea-chinese-5-spice/
Cranberry Christmas Bread in a Jar	http://www.thebettermom.com/2011/11/christmas- gifts-in-a-jar-homemade-with-love/
Granola Bars in a Jar	https://www.facebook.com/notes/the-nourishing- home/the-best-granola-bars-in-a- jar/327068983974301
Non-traditional holiday gifts in a jar	http://frugalgranola.com/2011/12/non-traditional- christmas-gift-jars/
Sewing Kit in a Jar	http://www.marthastewart.com/272417/sewing-kit- in-a- jar?xsc=eml org 2011 08 25&om rid=NsiUqC&om mid= BOVjpuB8bk0ThC
Six Bean Soup Mix (you can leave out the bouillon granules)	http://savingslifestyle.com/2010/12/gifts-jar-country- bean-soup-mix/





- Make a scrap book of memories for a family member or create a custom 'journal' for a friend to write in or even a handy pocket calendar/note pad for a purse.
- DIY Picture Tiles: <a href="http://www.crunchybetty.com/diy-picture-tiles-you-will-never-buy-a-photo-frame-again">http://www.crunchybetty.com/diy-picture-tiles-you-will-never-buy-a-photo-frame-again</a>
- Glass Jar Picture Frame: <a href="http://thepurposedheart.com/glass-jar-picture-frames/">http://thepurposedheart.com/glass-jar-picture-frames/</a>
- Art can be expensive, yet you can give the gift of art by making a declopague of various copies or pictures of other art or images cut from magazines, brochures and the like or even copies of family and vacation photos. The framing will be your expense.



Gift 'credit' Cards to a favorite store lets the receiver pick what they want or need. Fancy it up with a "Snow Globe" that is made out of a canning jar and you put one of those gift 'credit cards' in it. Instructions can be found @ <a href="http://www.realsimple.com/holidays-entertaining/gifts/hostess-gifts/14-creative-homemade-holiday-gift-ideas-000000000048654/index.html">http://www.realsimple.com/holidays-entertaining/gifts/hostess-gifts/14-creative-homemade-holiday-gift-ideas-000000000048654/index.html</a>



A 'starter' kit for home brewing and the like is another great way to say you are thinking about someone.

"The value of a man resides in what he gives and not in what he is capable of receiving."

Albert Einstein

Got a gardener on your gift list? Make a Seed Bomb. They are so easy to use (no digging required!) that they would make a great gift for anybody.



They are equal parts seeds, compost, and clay, and you don't even have to plant them! You just throw them wherever you want them to grow. Get the full instructions as well as a cute printable to include with your gift @ http://www.everynothingwonderful.com/2010/11/homemade-holidays-seed-bombs-with-label.html

"The excellence of a gift lies in its appropriateness rather than in its value."

Charles Dudley Warner

## Children love homemade gifts just like adults do.

For some great ideas for children from baby up see: <a href="http://www.momswhothink.com/christmas/homemade-christmas-gifts.html">http://www.momswhothink.com/christmas/homemade-christmas-gifts.html</a> Some of the instructions included are:

- For Baby: A Buckle and Button Bow; Handmade Fleece Blanket
- For 3-5 Year Olds: Kids love stickers get a sticker making kit and use your childs photos or pictures of say one of your trips to the zoo or beach, etc.; Make a Kids Craft Basket; Farmhand Puppets; Soap Crayons
- Gifts for Tweens: A Gift Basket of Tween Coupons. Say a get out of chores for one day card, or chauffeur service
  on a weekend of their choice, or an all the goodies included movie night party at home; Movie Night at Home
  Gift Basket (include all the things to make a movie night at home seem like one in a theater, including a DVD of
  one of their favorite movies; Bath Bombs / Bath Fizzies; Polar Fleece Scarf; Clay Beads for Jewelry Making
- For Teens: make them a quilt or afghan since teens love to sleep; Candy Cane Bath Salts; Winter Warmth Gift
  Basket filled with hot cocoa mix, Snow themed mug, Paperback book, Decorative bookmark, Fuzzy socks, etc.;
  Clay Wall Ornaments or Letters for Personalized Wall Decor

• There are also gift ideas for Mom and Dad and other friends too!

### Some other Kid Friendly gift ideas are:

Playdough (all healthy ingredients in case it gets eaten!)

http://searching4hiddentreasures.blogspo t.com/2011/02/healthy-edible-playdough.html



Cloud Dough <a href="http://www.flightsofwhimsy-ece.com/2011/10/playdough-no-cloud-dough/">http://www.flightsofwhimsy-ece.com/2011/10/playdough-no-cloud-dough/</a>



Moon Sand or 'magic sand' for sensory sand play. http://www.playbasedlearning.com.au/2011/03/moon-sand-recipe/







Fingerpaints <a href="http://easiepeasie.blogspot.com/2010/07/homemade-finger-paints.html">http://easiepeasie.blogspot.com/2010/07/homemade-finger-paints.html</a>



Here is one of my favorites when I am really strapped for cash. A Gift Basket of Time Dates. What more precious of a gift can you give somebody than your time? Get your ideas and instructions here http://shannonbrown.typepad.com/life in general/2011/01/lets-go-on-a-date-january.html

> "May no gift be too small to give, nor too simple to receive, which is wrapped in thoughtfulness, and tied with love." L.O. Baird der.weehly.com



# Here are links to some other great homemade gifts

10 elegant, inexpensive, homemade holiday gift ideas	http://www.mnn.com/money/personal- finance/stories/10-elegant-inexpensive- homemade-holiday-gift-ideas
10 Homemade Holiday Gift Ideas	http://fun.familyeducation.com/gifts/holidays/562 26.html
100 Homemade Gift Ideas	http://familycrafts.about.com/od/giftstomake/tp/H omeMadeGiftIdeas.htm
25 Easy Homemade Gift Ideas	http://www.care2.com/greenliving/25-easy- homemade-gift-ideas.html
33 Handmade Gifts for Him	http://www.marthastewart.com/275582/handmad e-gifts-for-him/@center/307035/santas-workshop
50 Homemade Gift Ideas – From Around The Web	http://notmadeofmoney.com/blog/2006/11/50- homemade-gift-ideas-from-around-the-web.html
84 Handmade Gifts for Her	http://www.marthastewart.com/275134/handmad e-gifts-for-her/@center/307035/santas-workshop

A Do-It-Yourself Christmas: 34 Great Homemade Gifts You Can Make	http://www.getrichslowly.org/blog/2008/11/13/a-do-it-yourself-christmas-34-great-gifts-you-can-make-yourself/
Create a secret hollow book. Find a cheap musty old classic at your nearby Goodwill or used bookstore. Glue the pages together, use an X-Acto knife to hollow out the center of the book. Now the recipient can store their treasures!	http://how2dostuff.blogspot.com/2006/02/how-to- make-secret-hollow-book.html
Decoupage Paperweight	http://familycrafts.about.com/od/decoupage/a/dec opapweight.htm
Gifts in a Jar	http://tidymom.net/2011/16-gifts-in-a-jar/
Handmade Dreidel	http://fun.familyeducation.com/games/crafts/3675 0.html
Hanukkah Menora	http://fun.familyeducation.com/whatworks/item/front/0,2551,1-10641-1934,00.html
Homemade Holiday Gift Ideas — Instructions include: Healthy options: Pack energy in a jar with healthy snacks like energy bars, dark chocolate, and tea. Make homemade gourmet granola, homemade vanilla extract or a homemade chicken noodle soup mix.  Ornaments: Paint your own Christmas bulbs. Turn old light bulbs into ornaments with glitter. Simple white candles get pizzazz with a ring of cinnamon sticks and ribbon. Thumbprint ornaments are adorable. The ideas are endless.  Lip-smacking gifts: Apple pie, banana bread, cookies, dark chocolate truffles, etc.  Drink mixes: Create hot chocolate and vanilla chai mixes, coffee mixes, candy-flavored vodka. The possibilities are endless.  Artwork: Turn your kids' artwork into tea towels. All you need is a flour sack towel and permanent marker. Or cut your children's artwork into shapes, glue to blank cards and create unique stationary sets. With only a scanner, photo-editing software, heavy white cardstock and magnets, you can create a slew of refrigerator magnets featuring your family's artwork.  Youth gifts: Homemade shaped crayons, headbands, finger paint, dream pillow, boo boo bag, build-a-fort kit, homemade soap, marble run made from plastic bottles and colorful duct tape, coffee can stilts, personalized I-Spy bottles.  Spa packages with homemade ingredients: Create a spa package by making your own bath bombs, salts and fizzies. Many Internet sites feature step-by-step tutorials.	http://ridgewood.patch.com/articles/homemade-holiday-gift-ideas-to-take-the-money-stress-out-of-christmas-f0e385be
Homemade Holiday Gift Ideas for Men	http://www.ehow.com/list_6949739_homemade- holiday-gift-ideas-men.html

Homemade Holiday Gift Ideas for Your Boyfriend	http://www.infobarrel.com/Homemade_Holiday_G ift_Ideas_for_Your_Boyfriend
Inexpensive and easy to make gift ideas	http://www.realsimple.com/holidays- entertaining/gifts/hostess-gifts/14-creative- homemade-holiday-gift-ideas- 0000000048654/index.html
Inspiring photo gifts: Collage picture frames, letter photo art, personalized photo jars, photo wreaths, photo bookmarks	http://pinterest.com/
Star of David Picture Frame	http://www.familyeducation.com/whatworks/item/front/0,2551,1-10641-1933-1,00.html



Does your Prepper friend or family member have some "books" or other loved documents in digital format? If yes, you can have a few of them printed and bound at Staples or Office Depot and places like that as a gift to your self-reliant relative.

**Magazine Subscriptions** are another great gift especially if that Prepper family member lives in a different state than you. My favorites are:



#### The Backwoodsman

http://www.backwoodsmanmag.com/ Also see
http://backwoodsmercantile.com/Shop\_Backwoods/
for items
like: Bags, Books, Camping, Cooking, DVDs, Knives, Lighting,
Survival, Tools, Water.



#### **Backwoods Home**

http://www.backwoodshome.com/ and Their Store
http://www.backwoodshome.com/store/files/generalstore.html
for all kinds of items.



#### Countryside

http://www.countrysidemag.com/ and their book store
http://www.countrysidemag.com/store/bookstore.html or
library http://www.countrysidemag.com/library.html



#### **Back Home**

<a href="http://www.backhomemagazine.com/">http://www.backhomemagazine.com/</a> and their books, products and other items.

aderweehly.com



#### **Pioneer Living**

http://www.pioneerliving.net/ and their online store http://www.pioneerliving.net/thegeneralstore.htm

If your friend has had a particular learning/training course in mind, but has stated that they don't have the funds for the registration? Well then contact the sponsor of that course and ask if you can pay for it and offer it as a **gift certificate or coupon** of sorts. Your relative will love you for this!



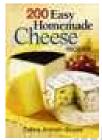




"It's not how much we give but how much love we put into giving."

Mother Teresa

**Books are always a good choice**, just be sure your family member or friend is a reader. If they are the self-reliant or Prepper type, they no doubt are. Here are some of my favorites:



**200 Easy Homemade Cheese Recipes From** Cheddar and Brie to Butter and Yogurt by Debra Amrein-Boyes

**Ball Complete Book of Home Preserving** Edited by Judi Kingry & Lauren Devine

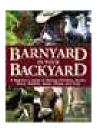
Homemade cheeses easily surpass commercially made cheese. Home cheese-making supplies and equipment are now easy to find; the only other requirement is a kitchen. This book describes all cheese types, ripening and aging techniques, and the kinds of milk and other components needed.

400 Delicious And Creative Recipes for Today Ball Home Canning Products are the gold standard in home preserving supplies. Now the experts at Ball have written a book destined to become the "bible" of home preserving. From long-time preservers to beginners, this book would be a valuable addition to any kitchen library.

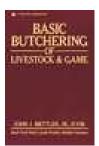
"No person was ever honored for what he received.

He was honored for what he gave."

Calvin Coolidge



**Barnyard in Your Backyard** A Beginner's Guide to Raising Chickens, Ducks, Geese, Rabbits, Goats, Sheep, and Cows by Gail Damerow A primer on easy-to-raise and companionable farm animals that will provide a good return for the novice farmer.



**Basic Butchering of Livestock & Game** By John Mettler Jr., D.V.M.

For anyone who hunts, farms, or buys large quantities of meat, this book is filled with information on the nearly-lost skill of butchering. Easy enough for amateurs, but detailed for experienced livestock producers, it takes the mystery out of slaughtering and butchering. 30 recipes.



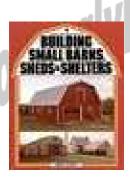
**Blacksmithing Basics for the Homestead** by Joe DeLaRonde

Through detailed but easy-to-understand instructions, illustrations, and photographs, author DeLaRonde teaches the basic skills of forging. Here is all of the information you need to create artistic yet functional iron hardware and accourtements for your home or camp



**Brewing Made Easy** From the First Batch to Creating Recipes By Joe Fisher & Dennis Fisher

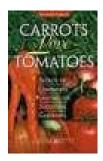
Whether you've never brewed before or you just want a simpler approach, the authors of Brewing Made Easy say: "Let's skip all that beer-making theory and make some beer!" From brewing your first batch to creating new recipes—all the information you need to have is here in this step-by-step illustrated guide.



**Building Small Barns, Sheds & Shelters** by Monte Burch

Extend your working, living and storage areas with low-cost outbuildings.

Complete information on tools and materials; foundations and floors; framing, sheathing and roofing; windows and doors; wiring and plumbing; and finishing details. Specific plans for popular structures.



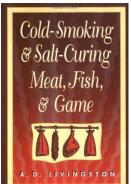
**Carrots Love Tomatoes** By Louise Riotte

This classic has taught generations of gardeners how to use the natural benefits of plants to protect and support each other. Here is a complete reference to which plants nourish the soil, which keep away bugs and pests, and which plants just don't get along.



Cast Iron Cuisine From Breakfast to Dessert by Matt & Linda Morehouse

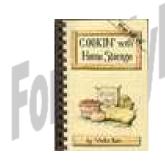
You'll learn how to create everything and anything in a cast iron skillet and love it.



Cold-Smoking & Salt Curing Meat, Fish & **Game** by A.D. Livingston

Publisher: Lyons Press; 1st edition (June 1, 1995) ISBN-10: 1558214224 ISBN-13: 978-1558214224

Great how-to for homestead or trail. Includes construction plans for a smokehouse and fifty recipes for smoked delicacies. With this book, A. D. Livingston combines a lifetime of Southern culinary knowledge with his own love of authentic home smoking and curing techniques. He teaches how to prepare smoked and salted hams, fish, jerky, and game - adapting today's materials to yesterday's traditional methods. As the author writes, 'you can smoke a better fish than you can buy, and you can cure a better ham without the use of any chemicals except ordinary salt and good hardwood smoke.' This book shows you how, and includes complete instructions for: preparing salted, dried fish; preparing planked fish, or gravlax; building a modern walk-in smokehouse; constructing smallscale barbecue smokers; choosing woods and fuels for smoking; and salt-curing country ham and other meats, together with over 50 recipes such as Country Ham with Redeye Gravy, Canadian Bacon, Scandinavian Salt Fish, Venison Jerky, and many others.



Cookin' With Home Storage by Peggy Layton & Vickie Tate

Vicki Tate and Peggy Layton reunite in this newly released version of the best book there is on cooking from home stored foods. These Mormon women have years of experience and expertise behind them, and in this excellent book they will show you how to incorporate your stored foods into your everyday life.

"The great art of giving consists in this: the gift should cost very little and yet be greatly coveted, so that it may be the more highly appreciated." Baltasar Gracian

Crafts and Skills of the Native Americans by

David R. Montgomery

Publisher: Globe Pequot Pr (May 1, 2008)

ASIN: B001E3U7ZK

Publisher: The Lyons Press; 1st edition (April 1,

2000) ISBN-10: 1585740705 ISBN-13: 978-

Tipis, Canoes, Jewelry, Clothing, Games, Moccasins, Arrows, Bows and more. Native American Crafts and Skills is an excellent introduction to the study of Native American crafts and outdoor skills. This book not only describes the skills Native Americans have cultivated over

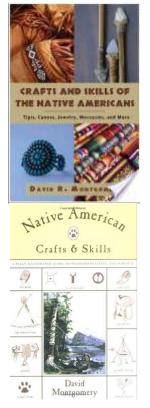
hundreds of years, but explains in step-bystep detail - through over two hundred illustrations by the author himself - how to create all kinds of Native American handiwork. Begin with the process of tanning leather to create authentic Native American clothing - from elaborate war bonnets to several varieties of moccasins. Discover the basics of the Native American 'kitchen,' including utensils and cookery, as well as the many foods common to the Native American diet. Chapters on Native American games and musical instruments showcase a side of domestic Native American life rarely seen before, and a section on jewelry making will give you a head start on creating your own elaborate geometric beadwork designs. Annotated with a complete list of reference books and supply sources, this is an authentic and exciting book for people who want to share in the beauty and artistry of Native American history.

Learn how to protect yourself from wilderness toxins. With this hand guide you'll learn how prevent, identify, and treat all types of wilderness poisons: bites and stings from venomous insects, reptiles, or arachnids; toxic inhalations from carbon monoxide or smoke; itchy skin rahes from poisonous plants; and the accidental ingestion of lethal flora.

Bring the Outdoors Inside with 100 Mazes, Word Games, Picture Puzzles, Jokes & Riddles, Brainteasers, and Fun-packed Activities for Kids by Helene Hovanec and Patrick Merrell A fun variety of activities stimulates children's imaginations and puzzle-solving skills. Connect-the-dots pictures, mazes, word searches, sudokus, and many more puzzles keep kids busy for hours.

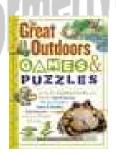
North America's most majestic animals are captured in 30 breathtaking images that emphasize their wild natures. The back of each poster features a map indicating the animal's habitat, interesting historical facts and lore, and a description of how the animal survives.



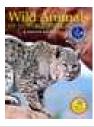




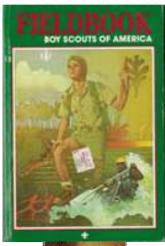
Don't Get Poisoned By Buck Tilton **ICS Books** 



For Kids: The Great Outdoors Games & **Puzzles** 

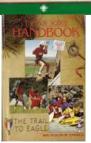


For Kids: Wild Animals of North America A Poster Book by Karl Meyer



#### **Fieldbook Boy Scouts of America**

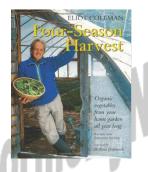
NOT to be confused with the BSA handbook. Publisher: Workman Pub Co (June 1978) ISBN-10: 0894800191 ISBN-13: 978-0894800191 Ok sure you can get those SAS and other military books, however the BSA Fieldbook is geared to the novice and untrained person that may or may NOT be in 'prime' shape, so I value this book more than the others.



"To give and not expect return, that is what lies at the heart of love."

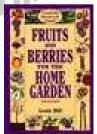
Oscar Wilde

NTCrazyla



**Four-Season Harvest** by By Eliot Coleman, Barbara Damrosch - Chelsea Green Pub ISBN 1890132276

Organic vegetables from your home garden all year long.



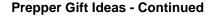
Fruits and Berries for the Home Garden By Lewis Hill

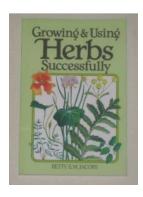
With clarity, enthusiasm, and the authority gained from more than 45 years of growing fruits, nuts, and berries, Lewis Hill explains the how-tos of growing fruit in your backyard, and the joys this will bring you.



**Great Natural Breads Made Easy** Simple Ways to Make Healthful Bread by Bernice Hunt

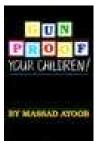
From the classic whole-grain loaf, to the versatile focaccia, to the humble bagel, this book tells you how to mix, knead, shape, and decorate nutritious, mouthwatering breads.





**Growing & Using Herbs Successfully** by Betty E.M.Jacobs

With home-grown herbs come the promise of flavor, scent, healing, and beauty. Open your garden to the beauty of herbs and the rewards will be manifold. Herb growers and those who have always wanted to try it will find a wealth of encouragement and sound advice in this well illustrated book.



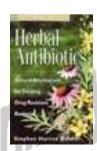
**Gunproof Your Children & Handgun Primer** By Massad Ayoob

This is a very brief primer on firearms and children. While these 2 groups shouldn't mix, they often do. And what the author explains is that we owe it to our children to teach them about firearms and not make them "forbidden fruit."



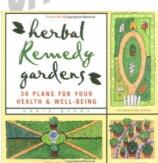
**Healthy Bones & Joints** by David Hoffmann

A natural approach to treating arthritis, osteoporosis, tendonitis, myalgia, and bursitis.

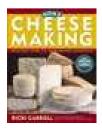


**Herbal Antibiotics** Natural Alternatives for Treating Drug-Resistant Bacteria By Stephen Harrod Buhner

Learn how antibiotic herbs such as aloe, garlic, and grapefruit seed extract represent our best defense against bacteria.



**Herbal Remedy Gardens** by Dorie Byers Publisher: Storey Publishing, LLC; First Edition edition (January 2, 1999) ISBN-10: 1580170951 ISBN-13: 978-1580170956 38 plans with container and outdoor layouts for each. Using simple organic gardening techniques, anyone can grow a healing garden of more than 20 medicinal herbs like garlic, dill, peppermint, and echinacea. Readers will also find recipes, tips for using medicinal herbs, and plans for gardens customized for specific health requirements.



**Home Cheese Making** Recipes for 75 Delicious Cheeses by Ricki Carroll

Here are 85 recipes for cheeses and other dairy products that require basic cheese-making techniques and the freshest of ingredients, offering the satisfaction of turning out a coveted delicacy. Among the step-by-step tested recipes for cheese varieties are farmhouse cheddar, gouda, fromage blanc, queso blanco, mascarpone, ricotta, and 30-minute mozzarella.



**Homegrown Whole Grains** Grow, Harvest, and Cook Your Own Wheat, Barley, Oats, Rice, and More by Sara Pitzer

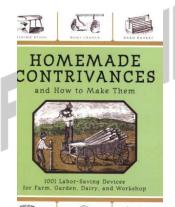
Learn to grow, harvest, store, grind, and cook with nine of the most popular whole grains: wheat, corn, barley, millet, oats, rice, rye, spelt, and quinoa. It's easy, and it takes less space than you might imagine. For example, with just 1000 square feet, a backyard farmer can grow enough wheat to harvest 50 pounds in a single afternoon.



Homemade By Ken Braren & Roger Griffith

101 easy to make things for your garden, home or farm.

steaderiwe



# Homemade Contrivances and How to Make Them

Publisher: Skyhorse Publishing (April 1, 2007) ISBN-10: 1602390185 ISBN-13: 978-

1602390188

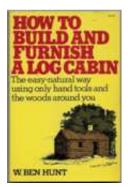
1001 Labor-saving devices for farm, dairy, and workshop. The traditional American devices contained in this intriguing compilation date from an era long before milking machines, pesticide sprayers, and industrial hay bailers. Yet the simple inventions described for doing everything from managing young bulls to protecting drain outlets can be just as useful for today's farmer as they were for the homesteaders of over a century ago. Discover how to make such items as a movable nest for hens, a ribless boat, a contraption to extricate a mired animal, a farm cart with adjustable racks for larger loads, a wire fence tightener, a fruit picker, a grindstone set and frame, and much more. This book is a boon for the rancher, farmer, or anyone who loves the rural life.



**Homemade Root Beer, Soda & Pop** By Stephen Cresswell

#### **Prepper Gift Ideas - Continued**

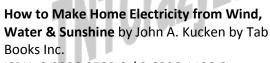
Using the easy, step-by-step instructions in this collection of hard-to-find recipes, anyone can make traditional and modern beverages, and create their own house recipes. The book offers more than 60 recipes for beverages using natural ingredients like ginger, sassafras, licorice, cinnamon, vanilla, citrus fruits, and more.



How to Build and Furnish a Log Cabin by W. Ben Hunt Clolier Books and Macmillan Publishing.

ISBN 0-02-001670-0

This is how to build your cabin and furnish it with non-electric tools.



ISBN: 0-8306-9785-3 / 0-8306-1128-2 In Self Defense By Michael T. Izumi This has technical diagrams and instructions.



**Just in Case** How to Be Self-Sufficient When the Unexpected Happens by Kathy Harrison

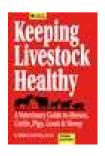
This book is written NOT to persuade people to choose the firearm for self defense, but rather to discuss the legal, ethical, and tactical aspects of using the firearm in a self defense situation.



**Keep Chickens** Tending Small Flocks in Cities, Suburbs, and Other Small Spaces by Barbara Kilarski Guides readers through the process of setting up a sensible home power system that takes over when outside services are interrupted. Also explains how to pack an evacuation kit, evaluate food supplies, develop a communications system, and use alternative heating sources.

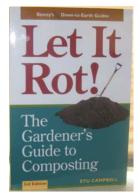


Join the urban and suburban chickenfarming boomlet and start enjoying the freshest breakfast eggs available. The author provides detailed information every aspiring chickenkeeper needs to know in this handbook that is practical and encouraging.



**Keeping Livestock Healthy** By N. Bruce Haynes, D.V.M.

A comprehensive veterinary guide to preventing and identifying disease in horses, cattle, swine, goats, and sheep, including the most up-to-date info on nutrition, housing, reproduction, and restraint.

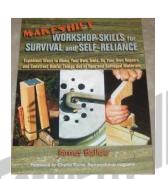


Let it Rot by Stu Campbell

Classic Guide to making compost and leaf mold and what to do with it once you've made it.

"The spirit in which a thing is given determines that in which the debt is acknowledged; it's the intention, not the face-value of the gift, that's weighed."

Lucius Annaeus Seneca



**Makeshift Workshop Skills** by James Ballou Foreword by Charlie Richie

Expedient ways to make your own tools, do your own repairs, and construct useful things out of raw and salvaged materials.





**More Makeshift Workshop Skills** By James Ballou Forwarded by Jim Benson

James Ballou tapped a nerve with his bestselling Makeshift Workshop Skills for Survival and Self-Reliance, and now he's back with even more plans, projects, and concepts for do-it-yourself craftsmen, preppers, and anyone interested in creative improvised workshop methods. Get set to learn how to make dozens of useful items out of nothing more than scrounged materials or common, inexpensive products found in every home.



Making Rag Rugs 15 Step-by-Step Projects Edited by Claire Hubbard

#### **Prepper Gift Ideas - Continued**

Creating a beautiful throw rug from scraps is easy enough for anyone to master. These 15 original designs from a variety of talented rug designers suit the skills of any crafter, from the newest beginner to the most sophisticated talent.

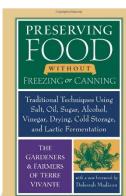


Making Wild Wines and Meads By Pattie Vargas & Richard Gulling

125 Unusual recipes using herbs, fruits, flowers, and more! Simple instructions allow anyone to create luscious honey meads, refreshing coolers and punches, and elegant wines without expensive equipment or elaborate calculations.



Mountainman Crafts and Skills A Fully Illustrated Guide to Wilderness Living and Survival by David Montgomery Learn how to make and use hunting tools, utensils, wild game traps, mountainman clothing, powder flasks and horns, tents, deer-horn jewelry, and much more. Wilderness survival skills are also covered, with instruction geared to both novice and expert.



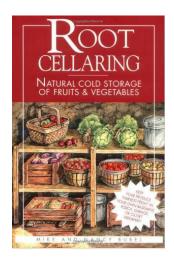
# Preserving Food without Freezing or Canning

by The Gardeners & Farmers of Terre Vivante Publisher: Chelsea Green Publishing (April 4, 2007) ISBN-10: 1933392592 ISBN-13: 978-1933392592 Traditional techniques using salt, oil, sugar, alcohol, vinegar, drying, cold storage and Lactic Fermentation. Typical books about preserving garden produce nearly always assume that modern "kitchen gardeners" will boil or freeze their vegetables and fruits. Yet here is a book that goes back to the future—celebrating traditional but little-known French techniques for storing and preserving edibles in ways that maximize flavor and nutrition.

Translated into English, and with a new foreword by Deborah Madison, this book deliberately ignores freezing and hightemperature canning in favor of methods that are superior because they are less costly and more energy-efficient. As Eliot Coleman says in his foreword to the first edition, "Food preservation techniques can be divided into two categories: the modern scientific methods that remove the life from food, and the natural 'poetic' methods that maintain or enhance the life in food. The poetic techniques produce... foods that have been celebrated for centuries and are considered gourmet delights today."

"Practicing the Law of Giving is actually very simple. If you want joy, give joy to others; if you want love, learn to give love; if you want attention and appreciation, learn to give attention and appreciation."

Deepak Chopra



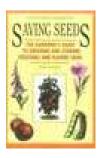
FormerlyNMUrbanHon

**Root Cellaring** by Mike and Nancy Bubel Publisher: Storey Publishing, LLC; 2 edition (January 9, 1991) ISBN-10: 0882667033 ISBN-13: 978-0882667034

Natural cold storage of fruits and vegetables. Keep you produce "harvest fresh" in your own basement, porch, garage or closet hideaway. Root cellaring, as many people remember but only a few people still practice, is a way of using the earth's naturally cool, stable temperature to store perishable fruits and vegetables. Root cellaring, as Mike and Nancy Bubel explain here, is a no-cost, simple, lowtechnology, energy-saving way to keep the harvest fresh all year long. In Root Cellaring, the Bubels tell how to successfully use this natural storage approach. It's the first book devoted entirely to the subject, and it covers the subject with a thoroughness that makes it the only book you'll ever need on root cellaring.

Root Cellaring will tell you:

- \* How to choose vegetable and fruit varieties that will store best
- \* Specific individual storage requirements for nearly 100 home garden crops
- \* How to use root cellars in the country, in the city, and in any environment
- \* How to build root cellars, indoors and out, big and small, plain and fancy
- \* Case histories -- reports on the root cellaring techniques and experiences of many households all over North America Root cellaring need not be strictly a country concept. Though it's often thought of as an adjunct to a large garden, a root cellar can in fact considerably stretch the resources of a small garden, making it easy to grow late succession crops for storage instead of many rows for canning and freezing. Best of all, root cellars can easily fit anywhere. Not everyone can live in the country, but everyone can benefit from natural cold storage.



**Saving Seeds** The Gardener's Guide to Growing and Storing Vegetable and Flower Seeds By Marc Rogers

#### **Prepper Gift Ideas - Continued**

Try saving seeds, it is a time-honored tradition—one that more and more gardeners are rediscovering. It can be as simple as growing a few extra peas or beans for next year's use or as challenging as wintering over cabbage heads, or waiting for the flower stalks to poke up in the spring.



**Secrets of Plant Propagation** Starting Your Own Flowers, Vegetables, Fruits, Berries, Shrubs, Trees, and Houseplants. By Lewis Hill Grow plants from seed and learn how to start your own shrubs and trees with clearly explained grafting techniques. The results will be bountiful, healthy plants and great-tasting fruits and vegetables.



**Seed Sowing and Saving** by Carole B.

Publisher: Storey Publishing, LLC (January 2, 1998) ISBN-10: 1580170013 ISBN-13: 978-1580170017

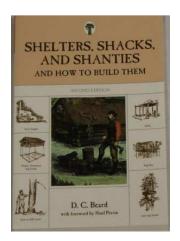


Step-by-step techniques for collecting and growing more than 100 begetables, flowers and herbs. Those pricey transplants set out on display every spring are so tempting with their leafy faces pleading, "take me home!" But beware, you never know where those seedlings have been – Crammed in a pest-infested greenhouse? Packed for days in a sweltering truck?

Start your plants from seeds and you know that's your precious vegetable, herb, or flower has been nurtured with tender loving care every day of its life. And better

absolutely FREE!
In this book you'll find everything you need to know to successfully harvest seeds from more than 100 common vegetables, annuals, perennials, herbs, and wildflowers, then dry and store them for maximum viability. You'll also learn how to start seeds indoors to get a jump start on the season, and to prepare your

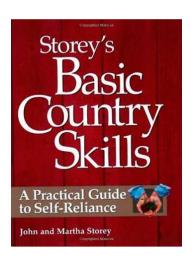
yet, when you harvest seeds for next year's crop, you'll get even more plants



**Shelters, Shacks & Shanties** by D.C Beard forward by Noel Perris

#### **Prepper Gift Ideas - Continued**

This practical classic provides instructions for building all types of temporary and long-term shelters from both natural and man-made materials. Such structures include a sod house, a tree top house, over-water camps, a bog ken, a hogan and more. It also provides tips on how to build hearths and chimneys, notched ladders and secret locks.



**Storey's Basic Country Skills** by John and Martha Storey

Publisher: Storey Publishing, LLC (September 1, 1999) ISBN-10: 1580172024 ISBN-13: 978-1580172028

A practicle guide to self-reliance. Small farmsteading, etc.



Stressfire by Massad Ayoob

Learn how stress and adrenaline affect the mind and body, ruining conventional shooting techniques under pressure... and how new techniques actually feed off that pressure to make you perform better under stress!



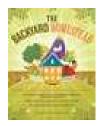
**Stressfire II: Advanced Combat Shotgun** By Massad Ayoob

Learn to control the most destructive, but toughest to handle, of all close-range antipersonnel weapons.



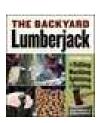
The "Have-More" Plan "

A Little Land - A Lot of Living" How to Make a Small Cash Income Into the Best and Happiest Living a Family Could Want by Ed and Carolyn Robinson One of Jackie Clay's reference books! This 1943 back-to-the-land classic explains how to find land, build a homestead, grow fruits and vegetables, raise livestock, build farm structures, and more.



**The Backyard Homestead** Edited by Carleen Madigan

With just a ¼ acre of land, you can feed a family of four with fresh food year-round. Simple instructions make it easy to enjoy canned, frozen, dried, and pickled produce all winter; use your own grains to make bread, pasta, and beer; turn fresh milk into delicious homemade yogurt, butter, and cheese; make your own wine, cordials, herbal teas; and much more.

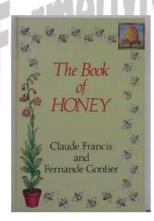


**The Backyard Lumberjack** The Ultimate Guide to Felling, Bucking, Splitting & Stacking by Frank Philbrick & Stephen Philbrick The first must-have complete wood-cutting reference. On subjects from choosing the perfect chainsaw to safely felling, bucking, splitting, and stacking woods, the authors share their enthusiasm for the pleasures and rigors of bringing down trees.



The Beginner's Guide to Preserving Food at Home Enjoy Local Produce Year-Round by Janet Chadwick

Discover the best and quickest methods for preserving every common vegetable and fruit, arranged in a friendly food-by-food format. Readers will find freezing, drying, canning, brining, and storage instructions thorough enough to encourage complete beginners.



**The Book of Honey** by Claude Francis & Fernande Gontier
Publisher: Robert Hale Ltd (April 3, 1981)
ISBN-10: 0709186479 ISBN-13: 9780709186472

Over 200 sugar free recipes, conversion tables and more.



#### The Complete Book of Butchering, Smoking, Curing, and Sausages How to Harvest Your Livestock & Wild Game by Philip Hasheider

The Complete Book of Pickling

250 Recipes from Pickles and Relishes to

Chutneys and Salsas by Jennifer MacKenzie

#### **Prepper Gift Ideas - Continued**

This is a must-have book for all hunters and small-scale farmers who plan to process meat of any kind. Everything you need to know about how to dress and preserve meat is right here, from slaughtering to processing to methods of preservation. Detailed step-by-step instructions and illustrations guide you through the entire process.

Pickling is one of the oldest and most inexpensive methods of preserving foods.

These wonderfully inventive recipes feature modern methods and equipment in accordance with the latest food-safety standards. This book also includes classic and unusual international ingredients.

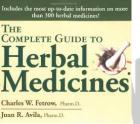
The easiest and safest methods for making delectable preserves in small batches -- all year long.



Small-Batch

The Complete Book of Small-Batch Preserving Over 300 Recipes to Use Year-Round by Margaret Howard





- The first comprehensive herbal guide by two experienced clinical pharmacists
- Details what happens when herbs interact with drugs
- Includes a glossary of medical terms
- · References to key scientific studies

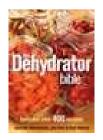
### The Complete Guide to Herbal Medicines by Charles W. Fetrow, Pharm.D.; Juan R. Avila, Pharm.D. Publisher: Pocket Books (September 1, 2000)

ISBN-10: 0743400704 ISBN-13: 978-0743400701

Comprehensive herbal guide by clinical pharmacxists. Details what happens when herbs interact with drugs. The Complete Guide to Herbal Medicines is the first scientific quick-reference book compiled by two trained, experienced clinical pharmacists. In clear, everyday language, they share the most up-to-the-minute, reliable, and accessible information available on more than three hundred herbal medicines. You'll find:

- \* a complete, dependable overview of herbal medicines
- \* what the scientific research shows
- \* a glossary of medical terms
- \* what happens when herbs interact with drugs
- \* references to key scientific studies
- \* and much, much more.

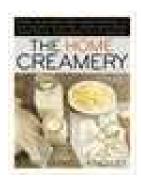
No other guide gives you such a complete directory of herbal medicines, or such detailed, practical advice about each one. To expand your knowledge and interest in herbal medicines, you should have The Complete Guide to Herbal Medicines.



The Dehydrator Bible Includes over 400 Recipes by Jennifer MacKenzie, Jay Nutt, & Don Mercer

#### **Prepper Gift Ideas - Continued**

Dehydrating is one of the most effective ways to preserve food for maximum nutrition at very low cost. Easy-to-follow instructions with specific time guidelines and best practices and the latest data on food safety make this the ideal dehydrating guidebook and cookbook.



The Home Creamery Make Your Own Fresh **Dairy Products** 

Easy Recipes for Butter, Yogurt, Sour Cream, Creme Fraiche, Cream Cheese, Ricotta, and More! by Kathy Farrell-Kingsley Butter, yogurt, ricotta, and other fresh dairy products have been made in kitchens around the world for centuries. They are not difficult to make, require no complicated aging techniques, and offer the home cook a wonderful range of tart, sweet, nutty, silky, and creamy textures and flavors. With the growing availability of local organic milk, now is the perfect time to bring fresh dairy products back to the home kitchen.



The Home Water Supply by Stu Campbell

If you live in the country or suburbs, you've had water problems. Not enough water? Too much? Tastes terrible? The pump quits? The water's contaminated? No matter what, this book offers down-toearth solutions in language understandable to all of us who aren't plumbers.



The Homestead Builder: Practical Hints for Handy-Men by Charles P. Dwyer

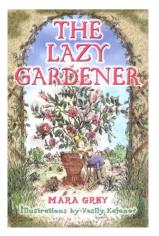
This practical classic is filled with handy advice on the best ways to plan and construct dwellings in any location, using wood, earth, and gravel. Includes instructions on erecting log cabins, slab houses, farm houses, as well as outdoor ovens, cellars, and more.



The Joy of Jams, Jellies, and Other Sweet **Preserves** 

200 Classic and Contemporary Recipes Showcasing the Fabulous Flavors of Fresh Fruits by Linda Ziedrich

This comprehensive primer covers all the basics of making sweet preserves, including equipment, techniques, procedures, safety, and storage. With this authoritative volume at hand, anyone can stock a pantry with colorful, nutritious, delicious, and economical preserves of all kinds.



The Lazy Gardener by Mara Grey (Author), Vasily Kafanov (Illustrator) ISBN-10: 0028622170 | ISBN-13: 978-0028622170

#### **Prepper Gift Ideas - Continued**

The Lazy Gardener tells us how to decrease the effort and increase the enjoyment of having a garden, in an amusing but practical way. Readers can get right to the heart of their problems by starting with a fun, hands-on quiz called HELP I'm Too Busy to Read This Book, or spend a leisurely afternoon reading the book from cover to cover. The author covers everything from choosing the right plants for your environment to designing a manageable garden and paring down chores. The book is illustrated with beautiful drawings by Vasily Kafanov. Mara Grey has been a professional gardener for over 20 years. Her weekly radio show, The Lazy Gardener, is broadcast in Washington, and she has a newspaper column by the same name. Grey writes for such publications as Horticulture Magazine, and teaches classes on gardening and landscape design this year she will be teaching a Lazy Gardener course.



Cavitch

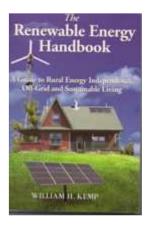
The definitive resource for making vegetable-based soaps from scratch.



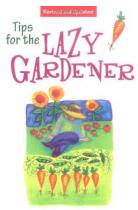
CONTAINER O

The Practical Guide to Container
Gardening by Susan Berry and Steve Bradley

Along with comprehensive information on planting techniques, as well as care and maintenance, this book includes a fully illustrated A-Z directory of more than 100 plant species.

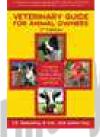


**The Renewable Energy Handbook** by William H.Kemp Azrext Press ISBN 0-9733233-2-9 A guide to rural energy independence, offthe-grid and sustainable living.

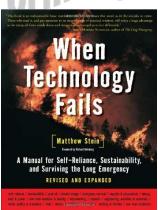


Linda Tilgner

**Tips for the Lazy Gardener** by Linda Tilgner Publisher: Storey Publishing, LLC; 2 Sub edition (January 2, 1998) ISBN-10: 1580170269 ISBN-13: 978-1580170260 What's a lazy gardener? Anyone who enjoys the pleasures of gardening but doesn't want to be chained to their garden – in other words, all of us! In this delightful but oh-so-practical book, Linda Tilgner offers hundreds of timesaving tips and routines to produce better vegetables and herbs with less work and more pleasure. You'll find ideas and instructions for planning gardens, building soil, sowing and transplanting, beating weeds and pests, and harvesting – all designed to reduce maintenance and make gardening more leisurely and enjoyable. And isn't that why we garden in the first place?



Veterinary Guide for Animal Owners Caring for Cats, Dogs, Chicken, Sheep, Cattle, Rabbits, and More (Second Edition) By C. E. Spaulding and Jackie Clay Jackie Clay revised and updated this classic on veterinary care. Included are ways to diagnose and treat diseases and injuries in livestock and pets. This book helps you to know when to treat your animals or what to check before you call the vet.



When Technology Fails by Matthew Stein Publisher: Chelsea Green Publishing; 2nd edition (August 18, 2008) ISBN-10: 1933392452 ISBN-13: 978-1933392455 A manual for self-reliance, sustainability, and surving the long emergency. There's never been a better time to "be prepared." Matthew Stein's comprehensive primer on sustainable living skills--from food and water to shelter and energy to first-aid and crisismanagement skills--prepares you to embark on the path toward sustainability. But unlike any other book, Stein not only shows you how to live "green" in seemingly stable times, but to live in the face of potential disasters, lasting days or years, coming in the form of social upheaval, economic meltdown, or environmental catastrophe.

When Technology Fails covers the gamut. You'll learn how to start a fire and keep warm if you've been left temporarily homeless, as well as the basics of installing a renewable energy system for your home or business. You'll learn how to find and sterilize water in the face of utility failure, as well as practical information for dealing with water-quality issues even when the public tap water is still flowing. You'll learn alternative techniques for healing equally suited to an era of profit-driven malpractice as to situations of social calamity. Each chapter (a survey of the risks to the status quo; supplies and preparation for short- and long-term emergencies; emergency measures for survival; water; food; shelter; clothing; first aid, low-tech medicine, and healing; energy, heat, and power; metalworking; utensils and storage; low-tech chemistry; and engineering, machines, and materials) offers the same approach, describing skills for self-reliance in good times and bad. Fully revised and expanded--the first edition was written pre-9/11 and pre-Katrina, when few Americans took the risk of social disruption seriously--When Technology Fails ends on a positive, proactive note with a new chapter on "Making the Shift to Sustainability," which offers practical suggestions for changing our world on personal, community and global levels.

Want to save money, and believe that a stove should do more than cook food? Learn how to buy a stove, set it up, fuel it for various uses, keep it clean and in peak operating condition. Dozens of recipes—bread that tastes as good as it smells, stews that gain goodness in hours on the back of the stove, roasting meats.

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The Basic Essentials of Rescue From the Backcountry Author: Buck Tilton

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**The Wilderness First Responder** Author: Buck Tilton, M.S. ICS Books, Inc.

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This guide contains expert, step-by-step instructions, clear illustrations, and "Signs and Symptoms" sidebars designed to help you provide care in wilderness and urban settings- whenever you are more than an hour away from an ambulance or a hospital.

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Ok I know I 'left some places out'. I didn't mention Mother Earth News, Cabela's, LL Bean, REI, Bass Pro Shop or the like because those places are expensive or just plain 'yippie-yuppie' and you can get just as good quality at the places I listed above (except for the boot that made LL Bean famous) for a whole lot less.

Nor did I mention any of the national department stores, as we all know what is available in our area with these, as well as what is available in any local independent store.

I also did not mention the magazine "The New Pioneer" presented by Country Almanac as it is an annual publication and I could not find a subscription source.

And I did not mention any of *Ragnar Benson's* books – all of which are darn good. Some sources for his books can be found at: <a href="http://www.allbookstores.com/author/Ragnar Benson.html">http://www.allbookstores.com/author/Ragnar Benson.html</a> and <a href="http://www.alibris.com/search/books/author/Benson,%20Ragnar">http://www.alibris.com/search/books/author/Benson,%20Ragnar</a> or online in PDF format when you search for a particular title.

So use your imagination and listen closely when talking with your Prepper or self-reliant friends and family to get an idea of just what they are looking for. Then get them a gift they will cherish and use past the holiday season.



**TNT** 

"My father (Danny Thomas) used to tell me there are two kinds of people, the takers and the givers.

'The takers sometimes eat better,' he would say, 'but the givers always sleep better."

Marlo Thomas

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